**YVIAA & NCWAA DISTRICT**

**CROSS COUNTRY**

**TOURNAMENT GENERAL INFORMATION:**

DATE: October 27, 2012

SITE: Apple Ridge Course, Highland

NUMBER OF TEAMS: All District 5/6 2A schools and District 7 top 2 2A Boys Teams/top 10 Individuals

ADMISSIONS: Admissions will be charged to the spectators if possible. The admission prices shall be Adults $5 and Students/Seniors $4 (YVIAA).

FORMAT: 1:00 2A Girls Race 2:00 JV Girls Race

 1:30 2A Boys Race 2:30 JV Boys Race

ENTRIES: Registered on Athletic.net by 8:00 am Tuesday prior to the District meet. The entry form shall contain the names of the seven identified varsity competitors for each team plus the 2A District 7 individual boys’ participants. Any changes to the initial entries may be made up to one hour prior to the start of a specific race. Any exceptions to this requirement may be made by the Games Committee on a case-by-case basis.

AWARDS: Awards given by District 5/6 shall be:

Individual Awards: A medal will be given to the boys and girls District 5/6 Champion. Ribbons will be given for 2nd through 8th place in both the boys and girls races

Team Awards: 1st Place Trophy for top boys and girls teams from District 5/6.

Awards shall be presented following the conclusion of competition.

State Qualifiers: 2 District 5/6 Girls Teams & 4 District 5/6/7 Boys Teams

 Top 10 District 5/6 Girls Individuals & Top 20 District 5/6/7 Boys Individuals

PACKET PICK-UP: A packet for each team shall be made available by at least 1 hour prior to the meet. The packet shall include:

1. Two course maps
2. Lane assignments for each race
3. Numbers and pins for competitors and alternates
4. State Cross Country Championships information
5. Time schedule for the meet, including the presenting of awards

**TOURNAMENT RULES:**

GAMES COMMITTEE: The Games Committee shall consist of the site manager and two other selected persons. These could be two participating coaches not involved in the dispute in question. The duties of the committee shall be those identified by the NFHS and WIAA and any other duties deemed appropriate by the meet director. Decisions of the Games Committee are final.

MEET OFFICIALS: A sufficient number of meet officials shall be utilized for the smooth hosting and operation of the District Meet.

UNIFORMS: Uniforms shall be in full compliance with all applicable NFHS and WIAA rules and regulations.

VIDEO CAMERA: A video camera is recommended to be used at the finish line to verify a correct order of finish for every race and to alleviate any discrepancies that may occur.

COMPETITOR: All participating competitors must wear numbers on the front of the uniform, above the waist. The bottom section of each number shall be removed at the finish chute for tabulation purposes.

MEET BEHAVIOR: Participants shall refrain from any behavior which detracts from the enjoyment of the District Meet.

COURSE REVIEW: The course shall be made available to teams for review and practice 1 hour prior to the meet. The course shall be completely set up prior to the access time, with all markings clearly visible and in place. The course will be unavailable for warm-up use once the first competition begins.

COURSE: The course shall be 5 kilometers (3.1 miles) in length.

LANE ASSIGNMENTS: Lane assignments will be determined by a random draw for the girls race and for the boys race. Each race will have a specific draw for that event. The set of lane assignments utilized for the girls’ race may be different than for the boys race. The Site Manager shall draw the lane assignments prior to the Meet.

Each starting lane will be a minimum of four (4) feet in width.

A fair start shall be provided for all participants. Every effort shall be made to provide the longest possible distance from the starting line to the first turn on the course.