

***District 6***

***Track and Field***

***Championships***

***Friday, May***

***22, 2015***

**District 6 Track & Field Championships 2015**

I. SITES - Class "A" Boys' - Girls' Track and Field Meets

NCWAA "1A" District  
(Qualifying Meet)

Cashmere- Friday, May 22, 2015 at 4:00 p.m.  
Meet Director – Scott Brown

## II. SCHOOLS

### DISTRICT VI CLASS 'A' SCHOOLS

Cascade      Chelan  
Cashmere      Omak

## III. DISTRICT GAMES COMMITTEE

There shall be a district games committee on site during the meet which is made up of a combination of administrators, meet personnel, and individuals knowledgeable about the rules of track & field. A minimum of 3 individuals shall serve on the committee.

- IV. District qualifying, guidelines, heat drawing procedures and lane assignments are attached. The guidelines will apply as applicable to District 6, Class A qualifying to the State meet.
- V. The top individual in running events shall qualify for the State meet. For field events, the top individual shall qualify for the State meet at EWU in Cheney on Thursday, May 28<sup>th</sup>.

## VI. GENERAL

- a. The National Federation of State High School Association's Track and Field Rule Book, unless superseded by the Washington Interscholastic Activities Association Boys' and Girls' State Track Guidelines, will be adhered to in all North Central Washington Activities Association Track and Field Meets.
- b. The host school is responsible for furnishing the necessary officials. If necessary, as directed by the needs of the host school, each participating member school may be asked to furnish meet officials, i.e., field event judges, timers, pickers, exchange judges, etc.. Requests for officials should be for specific duties and be made at least two weeks prior to the meet.
- c. Games Committee - Will serve as the board of appeals. When possible, the Games Committee will consist of a district-six track committee member, coaches and an administrator.
- d. The District Games Committee will be chosen by the District Track Committee at least two weeks prior to the meet.
- e. The order of events will follow the **National Federation Rules** as closely as possible beginning with Girls' 4X200 Relay followed by the Girl's 3200 meter run.

## VII. DUTIES OF MEET MANAGER

- a. Be familiar with and govern the meet by current National Federation Rules and State Track Guidelines.
- b. Supply qualifying meet and district coaches, as appropriate, with meet information and guidelines at least two weeks prior to the meet.
- c. Retain complete records of meet results for at least one year.
- d. Report meet results to news media.
- e. Update meet records.
- f. District meet and Regional meet managers will video tape race finishes.

- g. Inform the next qualifier when notification of a withdrawal is received from the principal of a district participant.
- h. Select hurdle judges for all hurdle races.

## VIII. SCORING AND AWARDS

- a. District scoring and awards shall be to sixth place (10-8-6-4-2-1)
- b. District will have place awards to determine District 6 Champions.

## IX. QUALIFYING

- a. Athletes are eligible to qualify for the District Meet if they have competed in one half of the regular season meets. (Extenuating circumstances may be appealed.)
- b. Coaches will verify their State entries prior to departing the qualifying (District) meet site. Withdrawal from District competition by qualified athletes must be done at this time. The qualifying meet manager will notify the next qualifier immediately.
- c. Unexpected withdrawal - coaches, through their principal, must notify the State Meet manager if an athlete becomes unable to compete in the State Meet. To drop an event after leaving the qualifying meet, will forfeit all events at the regional meet.
- d. The following applies at all post season meets. In the event that a contestant who has qualified for the district meet refuses to compete, or in the judgment of the games committee failed to make a reasonable effort in any track or field event, that contestant shall be disqualified. Should this happen, that individual shall forfeit all individual and team points and places earned in any event. Withdrawal of an athlete from further competition at the meet due to injury or other extenuating circumstance must be approved by the games committee.

## X. APPEALS

- a. Decisions at district qualifying, district and Regional meets regarding the omission or misapplication of appropriate rules may be appealed through the following:
  - Meet Director
  - Games Committee at the site
  - District Track Committee through the Chairman as soon as possible
  - District Executive Board through the secretary.
- b. Appeals Shall:
  - Be filed within 30 minutes of results announcement
  - Be made by head coach in writing
  - Include:
    - athletes name
      - School
      - Event
      - rule in question
      - description of situation.

## XI. CLASS 'A' DISTRICT MEET

- a. The meet manager will request season's best marks to aid in forming heats and flights and also use times and places from the CTL Meet. Athletic.net FAT times preference.
- b. Seeding will be as per National Federation Rule 5-6.

- Meet Entries due into Athletic.net by Tuesday @ 10:00am or sooner after the CTL Meet, then meet manager will get the heat sheets back to coaches by Wednesday 12:00 pm. Final coaches changes are due by 6:00 pm that Wednesday.
  - c. Running events -- seeding and qualifying: Heat will be run with eight(8) entries. the next eight times will be in another heat and so on. The fastest heat will be last to run.
  - d. Field events -- seeding and qualifying:
    - Athletes with lesser marks will compete first with the competition culminating with the Caribou League Champion.
    - In events that call for preliminaries and finals at Districts, each athlete will be allowed three (3) preliminaries trials. The top eight contestants after the preliminaries will be allowed three (3) additional trials in the finals. Seeding will be determined by their best marks in the preliminary with the best mark competing last in the finals. If applicable, preliminary marks count towards final results.
  - e. The Meet Manager will provide the District Meet Manager with the first AND last names of the qualifiers and alternates and their times and distances.
  - f. ENTRIES - 4 Individuals\* - 1 Relay
- \* Schools with an outstanding 5th competitor in any event may request the District Track Committee through the Qualifying Meet Manager to have him or her entered in the meet, i.e., rank in the top 8 in the event.

## XII. DISTRICT Meet

- a. Lane assignment will be drawn by the District Track Committee, as per WIAA state guidelines.
- b. If a finalist and the alternate are not present, the lane will remain open.
- c. Starting Heights: May be adjusted by meet director due to entries prior to meet
  - i. Girls' High Jump - 4' 0" - increased by 2" to 5 feet then 1".
  - ii. Boys' High Jump - 5' 0" - increased by 2" to 6 feet then 1".
  - iii. Girls Pole Vault - 5'6" - increased by 6" to '8 0" then 3".
  - iv. Boys Pole Vault - 9'0" - increased by 6" to 11' 6" then 3".
  - v. These settings are subject to adjustment by the meet director and/or Games Committee to insure an appropriate starting height for the majority of the participants.
- d. Implements will be weighed and measured. Implements will be held by event manager after being approved. Only approved implements may be used in competition.
- e. The schedule of events will follow as closely as possible the State Meet Schedule.
- f. Lane assignment and preferred lanes will be determined by the same procedure used for the qualifying meets.
- g. Finances
  - i. Admission \$7.00 for adults and \$5.00 for students with activity cards.
  - ii. Starting time - set by meet manager
  - iii. Awards - plaque to winning teams - individual awards - medal for 1st place - ribbons for 2nd through 6th place.
  - iv. Meet manager will be paid \$150.00 and has the responsibility of paying all expenses and submitting financial statement to the district secretary who will pay all expenses.
  - v. Additional Expenses -
 

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|----------------|-------|
| 1. Starter     | 35.00 |
| 2. Announcer   | 20.00 |
| 3. Scorekeeper | 20.00 |
| 4. Head Timer  | 20.00 |
| 5. Referee -   | 20.00 |

