

2016 High School Boys Swimming & Diving Championships
Eastern Washington DISTRICTS 5, 6 and 7
February 4th-6th, 2016
Moses Lake High School – Moses Lake, Washington

MEET INFORMATION:

Sanctioned by the Washington Interscholastic Activities Association.

Host: NCWAA- WIAA District 6

Location: Moses Lake High School Pool. The facility is located on campus behind the Chief Gym. Main parking lot and staff parking lot west of track are available. Thursday is a school day, so please be cautious of pedestrians. Buses should drop athletes on main bus loop by gyms, and then proceed to Moses Lake Transportation Co-Op for parking.

- **Directions to MLHS:** Take exit 179 (Hwy 17 N)
- Turn (North) onto to Hwy 17 (turns into Pioneer Way)
- Proceed through 3 traffic lights
- Turn left onto Sharon Ave (fourth traffic light)
- MLHS on the left

- **Directions for Buses to MLSD Transportation Co-Op after Athlete drop:** Proceed out of MLHS Parking lot to Sharon Avenue- Turn Right onto Sharon Avenue
- Turn (South) onto Pioneer Way (turns into Hwy 17)
- Proceed through 1 traffic light
- Turn right onto Yonezawa Blvd. (second traffic light) near Lowe's
- Go thru one Roundabout and MLSD Board Room & Transportation Center is on your Right behind Columbia Basin Technical Center **940 E. Yonezawa Blvd.**

Facility and Equipment: Regulation 25 yard, 8-lane pool. The pool is ideally suited for racing, with new starting blocks, Daktronics timing system and reduced wave gutters. Hy-Tek Meet Manager software with CTS-5000 Interface.

Officials: **We need the help of visiting certified officials.** Please submit a list of your local officials who will be attending the meet along with their phone number and/or email address by **Monday, February 1st, 2016** to:

Greta Alderson
3004 Summitview
Yakima, WA 98902
509-307-1098
Email: gaalderson@yahoo.com

Meet Schedule:

Thursday, February 4th, 2016

4A Swim Prelims, Session 1

- Facility Opens: 9:30 AM
- Coaches' Meeting: 9:45 – 10:00 AM
- 4A Warm-ups: 10:05 – 10:45 AM
- Official's Meeting: 10:00 – 10:30 AM
- Competition: 11:00 AM – Conclusion

2A/1A Swim Prelims, Session 2

- Facility Opens: 1:50 PM
- Coaches' Meeting: 2:05 – 2:20 PM
- 1A/2A Warm-ups: 2:25 – 3:15 PM
- Official's Meeting: 2:30 – 3:00 PM
- Competition: 3:30 PM – Conclusion

Friday, February 5th, 2016

4A, 3A & 2A/1A Diving Prelims

- Facility Opens: 9:45 AM
- Warm-ups: 10:00 – 12:00 PM
- Competition (First 8 Dives): 12:00 PM – Conclusion

Saturday, February 6th, 2016

4A Swim & Dive Finals (& 1A/2A & 3A Dive Finals), Session 1

- Facility Opens: 7:30 AM
- Dive Warm-ups: 8:00 – 9:30 AM
- 4A Swim Warm-ups: 9:30 – 10:15 AM
- Official's Meeting: 9:30 – 10:00 AM
- Swimming and Diving Finals: 10:30 – Conclusion

2A/1A Swim Finals, Session 2

- Facility Opens: 2:00 PM
- 1A/2A Swim Warm-ups: 2:15 – 3:00 PM
- Official's Meeting: 2:30 – 3:00 PM
- Swimming Finals: 3:15 – Conclusion

Warm-up Notes:

1. All 8 lanes will be available for swimming warm-ups on Thursday. On Saturday there will only be 6 lanes available for swimming warm-ups and no backstroke flags at the starting end of the pool because of concurrent diving warm-ups. 15 additional swim warm-ups will be conducted once flags have been moved.
2. Teams will be assigned to a specific warm-up session and lane(s) following receipt of all entries based on the number of swimmers entered in the meet.
3. During the finals on Saturday, there will be a 20 minute warm-up for divers after Event 4. Since all 8-lanes will be used for competition, additional warm-up/cool down for swimmers will be added after events 1, 7, 8 & 9 (5 minutes only). After the diving finals (last 3 dives), there will be a 10 minute warm-up for swimmers before event 6.

Competition Classification:

- 2A/1A schools will score and compete against each other – 16 place scoring will be in effect for consolation and finals for all events, including relays
- 4A schools will score and compete against each other – 16 place scoring will be in effect for consolation and finals for all events, including relays

State Meet Qualifying:

ALLOCATION: Athletes can advance to STATE COMPETITION by allocation or by meeting the state-qualifying standard. Qualifying by allocation is determined by finish place, not the fastest time.

1. All coaches **MUST** submit their swimmers and divers who have qualified in one (1) or more individual events or who are one of eight members of the relay team on the Direct Athletics website (directathletics.com). **Submissions must include the entry time for swimmers/relays and point totals for divers. Submissions also MUST include names for relays.**

a. **The time submitted for each competitor must have appeared and been verified on the WISCA web page (wisca.org) or in the District results.**

b. **The District Meet Manager is responsible for submitting the District meet results to the State Meet manager or designee immediately after the District meet.**

c. **Please list those swimmers and divers who have qualified in one (1) or more individual events or who are one of eight members of the relay team. The relay names may not differ from the eight named for the district meet entry.**

Coaches are cautioned to remember that there IS NO LONGER A PAPER MASTER ENTRY FORM FOR THE STATE MEET. District meet managers will NOT collect any paper entries from coaches. Coaches are encouraged to set up a team account and submit their entire district roster not just state qualifiers to Direct Athletics as soon as possible as this helps with the wildcard process.

- 2A/1A - Individual and relay allocations: 4
- 4A - Individual and relay allocations: 3

District Meet Entries:

- Each team is allowed two (2) allocations per individual event.
- The two allocations are NOT in addition to any entries, which meet the district qualifying time standard.
- Each team is allowed a maximum of four (4) entries, including potential wildcards, in each individual event and one (1) in each relay event.
- In the event that there are less than 24 qualifiers for preliminaries, wildcards will be drawn up to the point where there are 24 participants (if possible) per swimming event. COACHES: Only official meet times are acceptable as entry times and the honesty rule is to be strictly adhered to.
- All third (3rd) and fourth (4th) team entries in individual events that do not meet the qualifying standard are wild card entries.
- Coaches will be notified by telephone or email which wildcard entries are accepted by **Tuesday, February 2, 2016.**
- All divers must make every attempt to legally complete an 11-dive meet competition. **As an alternative:** Divers may complete 11 dives over the course of two consecutive meets to qualify for the District meet provided that those 11 dives cover all groups necessary that would complete an 11-Dive competition. However in order to have over 2 divers qualify for the District meet the 1st and 2nd entry would have to have completed the higher standard of legally completing an 11-dive meet.

District Meet Entry Procedures:

- **PLEASE SUBMIT ALL MEET ENTRIES ELECTRONICALLY VIA HY-TEK (TEAM MANAGER OR TEAM MANAGER LITE):** When submitting via Hy-Tek event numbers must correspond as follows (2A: 201-212, 4A: 401/412). All entries must be emailed **no later than 5:00 p.m. Sunday, January 31st, 2016 to:**

Bonnie Washburn
mominml@yahoo.com
509-760-2920

- Include athlete's full name, year in school (grade numbers please. e.g. 9, 10, 11, 12), and qualifying time for each event. If you need help with this contact Bonnie @ mominml@yahoo.com

- **If you have a potential wildcard swimmer, check the box labeled 'bonus' on your Hy-Tek entries.**
- Please note that **late entries cannot be accommodated** due to time requirements to notify coaches regarding wild card acceptance and to print the heat sheet.
- Divers should be entered along with the swimmers on the Hy-Tek entries.
- Relay swimmers & alternates should be entered on the Hy-Tek entries. Eight (8) swimmers may be entered for each relay, however, it does not count as an event unless that person actually swims in that event. Relay swimmers and alternates entered in the State Championships must be the same as those entered in the District Championships.
- A Hy-Tek Entry Report (listed by name) and Relay Report must be emailed with entries. If you need help with this, please contact Bonnie at mominml@yahoo.com
- Diving Sheets must be submitted via email to: **Ron Fila at ronfila@gmail.com.**
- **SEND DIVE NUMBERS ONLY WITH THE 5 VOLUNTARY DIVES DESIGNATED. YOU DO NOT NEED TO SEND A DIVE SHEET.** Please bring the original Dive Sheets to the meet, as divers will be allowed to make corrections on their sheets prior to the diving event.
- Each athlete is limited to a maximum (2) individual and (2) relay events or (1) individual and (3) relay events for a maximum of (4). Being listed as an alternate for a relay does not count as an event unless that person actually swims that event. Athletes must enter the individual events they plan to swim at state (WIAA requirement).

Awards:

- 4A - Sixteen place scoring will be in effect. All relays score double points.
 - Individual places: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
 - Relay places: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
 - Medals are for first place, with ribbons 2nd through 8th.
- 2A – Sixteen place scoring will be in effect. All relays score double points.
 - Individual places: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
 - Relay places: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
 - Medals are for first place, with ribbons 2nd through 8th.

Primary Personnel:

- Tournament Director: Greta Alderson-
- Meet Referee: ?
- Starter: ?
- Diving Referee: Doug White
- Administrative Official: Bonnie Washburn

Protests:

- Any protests or questions concerning the outcome of an event should be directed to the Meet Referee only. The protest should come from the swimmer's coach.

Miscellaneous:

- EACH SCHOOL IS RESPONSIBLE FOR PROVIDING TWO (2) TIMERS FOR AN ASSIGNED LANE FOR THE PRELIMS ON THURSDAY AND THE FINALS ON SATURDAY. Prior to the meet lane assignment responsibilities will be emailed.
- 8 lanes will be used for prelims, 8 lanes for finals. Additional warm-up times will be inserted into the schedule.
- Swimmers are responsible for reporting to the correct lane for their event.
- No on-site shaving is permitted.
- Swimmers must wear warm-ups for awards presentations.
- Admission: Adults - \$6.00 each day, Students w/ASB - \$5.00 each day, Senior Citizens - \$5.00 each day
- Heat Sheets: \$5.00 includes a finals sheet – you must bring your prelims heat sheet in order to receive your finals sheet

Concessions and Rest area:

A concession stand will be available throughout the meet. The Gold Gym will be available both days of the meet for resting, eating and to get out of the pool environment. Mats, tables and bleachers will be available to

accommodate athletes and spectators. Concessions and gym may shut down early daily depending on use/need.

Vendors

District Championship sweatshirts and T-shirts will be available at the meet in the Gold Gym.

Questions/Contact:

Greta Alderson 509-248-5204 (home) 509-453-6842 (work) 509-307-1098 (cell)
E-mail: gaalderson@yahoo.com

Bonnie Washburn 509-760-2920
E-mail: mominml@yahoo.com

Loren Sandhop 509-766-2666 X 40109 (work)
E-mail: lsandhop@mlsd.wednet.edu